



## POST PROCEDURE INFORMATION

### GENERAL INFORMATION FOR ALL PROCEDURES

Permanent makeup is a process.

Your makeup will be very vibrant for the first few days. You can expect the makeup to fade up to 30% by the end of the healing process. The healed results will not appear until about on or about day 28. By following your aftercare diligently you will maximize your retention and have a more even healed result.

Hang in there. Give it the full 28 days to know what your results will be!

- Do not rub, pick or scratch as this can cause scarring and uneven pigment distribution
- Avoid sleeping on your face
- Sleep with head slightly elevated to reduce swelling
- Avoid pools, hot tubs, saunas, and any other prolonged exposure to moisture
- Avoid direct sun exposure and tanning for four weeks post-procedure. Wear a brimmed hat and sunscreen.
- Immediately contact your health provider if there is any sign of infection
- Follow your specific aftercare instructions for the best results!

### LIPS

- If you're taking a cold sore medication, continue with it as prescribed
- Ice lips as needed for comfort
- Use the aftercare ointment as needed. Gently wipe off excess ointment before reapplying. Failure to do so can trap bacteria.
- If you see peeling skin hanging, do not pick! Gently cut it off with a sterile scissors as needed
- Days 3-5 your lips will begin to exfoliate and become chapped
- Days 7-10 the color will appear to have completely faded. This is normal! The color will fully bloom within 28 days

## EYELINER

- No eye makeup or contact lenses for 72 hours
- Discard your old mascara and wash out all makeup brushes
- Do not rub, pick, or scratch as this can cause a corneal abrasion and introduce bacteria to the eye
- Use aftercare ointment for comfort as needed. Before reapplying, wipe off excess from previous application. A very thin layer of ointment is all that is needed
- Use ice as needed for comfort
- Wash your hands with antibacterial soap before using eye drops or ointments
- Avoid Latisse and other lash enhancement products until four weeks after your last touch up appointment
- No lash extensions for four weeks after the procedure

## EYEBROWS

The day of: Keep clean

To prevent hardening of the lymph, gently blot the eyebrow to absorb excess lymph fluid. Start by doing this every 30 mins, then incrementally work your way up to 120 minutes until the weeping has stopped.

Days 1-7: Clean

Gently wash your eyebrows each morning and night with water and soap like the iS CLINICAL Cleanser. With a very light touch, use your fingertips to rub the area both with and against the hair pattern in a smooth motion for 10 seconds each way. Rinse with water and gently pat dry. Do not use exfoliants or any cleansing products containing acids (glycolic, lactic, or AHA).

Days 1-7: Moisturize

Apply a rice-grain amount of aftercare ointment with clean fingertips and spread it across the treated area 2-3 times a day. Be sure not to over-apply as this will occlude your skin and impede healing – less is more. The skin should be completely dry; never apply to a wet or damp tattoo. Wipe off any previous ointment before reapplying to avoid trapping bacteria.

Things to avoid after the procedure:

- Direct sun exposure or tanning for four weeks after procedure. Wear a hat when outdoors.
- Facials, Botox, chemical treatments or microdermabrasion for four weeks.
- Sleeping on your face for the first ten days. Use a fresh pillow case and try lying on your back to avoid the pillow from touching your face.
- Topical makeup on the procedure area, including sunscreen, for seven days
- Picking at the area can cause scarring and loss of color. Let any scabbing or dry skin naturally exfoliate away. Don't worry; this does NOT remove the pigment!

Important note about showering:

For the first ten days, limit your showers to five minutes to avoid creating too much steam.

Your face should only be getting wet at the very end of your shower. Avoid excessive rinsing and water on the treated area.